

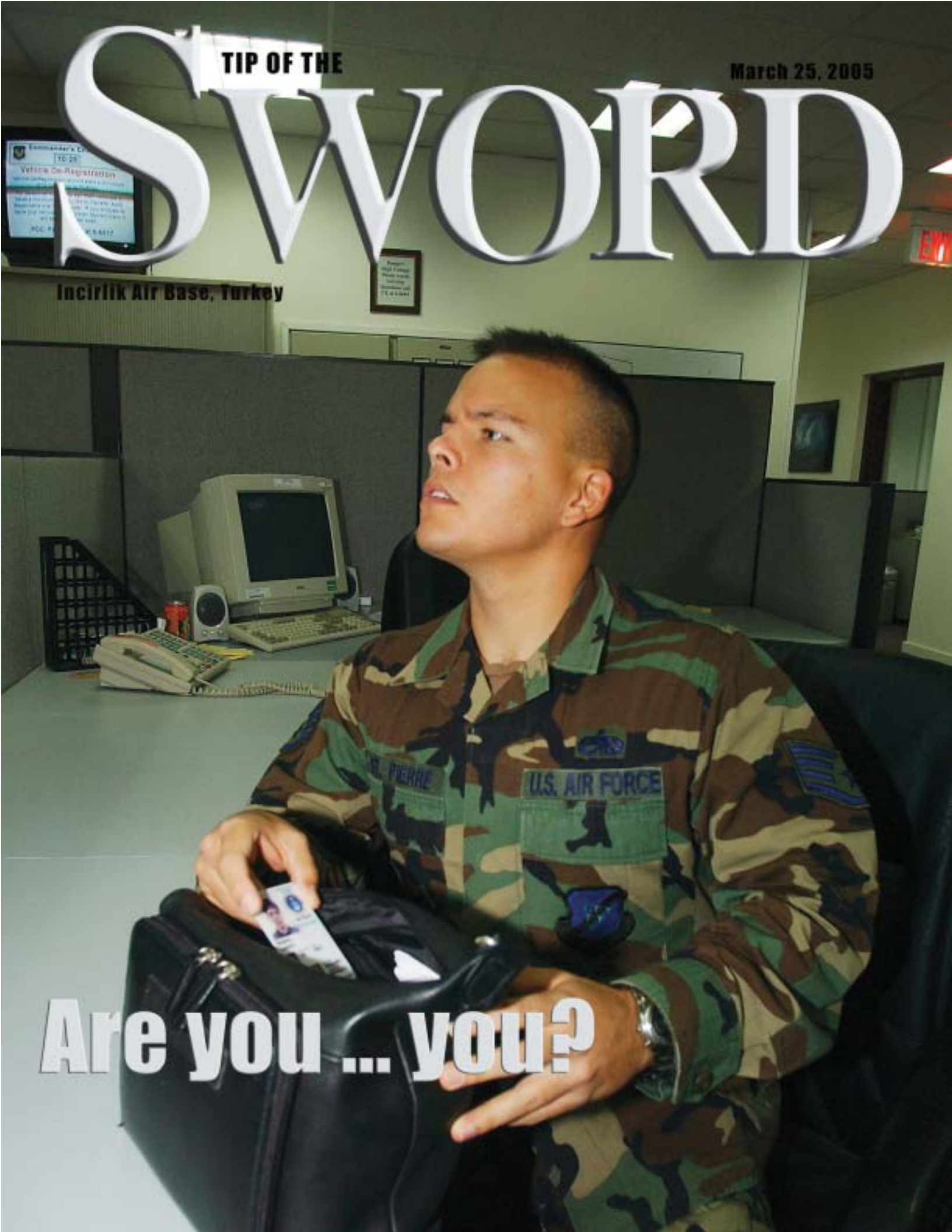
TIP OF THE

March 25, 2005

SWORD

Incirlik Air Base, Turkey

Are you ... you?



CONTENTS

Commander's Comments	2
Mastering the learning curve	3
Eagle Eyes	4
Changing global posture	5
Acting SECAF resigns	6
Identity theft	7
Airmen, soldiers help children	8
Ask Mehmet	9
Incirlik Construction	10
Warrior of the Week	11
Auto Skills Center	12
At the Movies	12

On the cover:

All it takes is a few minutes for a thief to steal a military identification card, like in this simulated event. Identity theft can wreak havoc in a person's life. Thieves often try to get at least \$10,000 worth of goods and services with the identity they have taken. See related article, Page 7. (Photo by Senior Airman James Seymore III)

Editorial Staff

Col. Michael Gardiner, 39th Air Base Wing Commander
Capt. Rickardo Bodden, Public Affairs Chief
1st Lt. S.J.B. Bryant, Public Affairs Deputy Chief
Tech. Sgt. Robert Burgess, Public Affairs NCOIC
Staff Sgt. Shanda De Anda, Internal Information, NCOIC
Senior Airman Jessica Switzer, Editor
Mehmet Birbiri, Host Nation Adviser
10th Tanker Base Commander
Brig. Gen. H. Levent Turkmen

COMMANDER'S COMMENTS



By Col. Michael Gardiner,
39th Air Base Wing commander

Weekend safety

With the long weekend already underway I hope everyone is having a wonderful, safe time. I remind everyone that while they take trips and tour this wonderful country we live in, it is important to remember safety. Travel with friends, not alone, and plan your trip in detail to avoid nighttime driving, if possible. If you are taking a road trip make sure your car is tuned and in good condition. Also, make sure you are prepared for an emergency with a first aid kit, water and blankets. Remember the requirement to sign out, so your chain of command will know where you are going and how to get in touch with you. Always take a cell phone, preprogrammed with important numbers, with you. Stay aware of your environment—your eyes and ears are important tools to keep you safe.

Tax Day

April 15, the cutoff to have tax returns filed, is creeping closer. Do not let this important date slide by without being prepared. The Incirlik Tax Center has already helped our military members recoup over half a million dollars in refunds, and they can assist you in completing and electronically filing the forms required. To make an appointment with the Incirlik Tax Center, call 6-2040.

Daylight-saving time

Daylight-saving time begins Sunday at 1 a.m. Set clocks ahead one hour. Daylight-saving time saves energy by making the sun seem to set an hour later than it does during standard time reducing energy used on lights during the hours of darkness.

Combat Fitness

Spring has arrived and the weather is getting nicer each day. Now is the time to take advantage and move your exercise habits outdoors. Jogging and walking outdoors can be an especially pleasant way to stay fit to fight. Stay hydrated, be alert for traffic, and if you exercise early or late in the day, wear your reflective belt. And don't forget to log your workouts in FitLinxx!

AFAF

The Air Force Assistance Fund campaign is well under way. This is just one example of how the Air Force takes care of its own. The campaign runs through April 15 and supports the Air Force Village Foundation, the General and Mrs. Curtis E. LeMay Foundation, the Air Force Aid Society and the Air Force Enlisted Village. For more information on how to contribute to this initiative, visit the AFAF Web site at www.afassistancefund.org. For more localized assistance, call your unit representative or 1st Lt. Nancy Morrin at 6-6499.

Pet adoptions

I encourage anyone interested in adopting an animal to stop by the stray animal facility at its new location, the horse stables. The facility is open 8 a.m. to 5 p.m. every day, and also welcomes donations of food, litter, toys, blankets and laundry detergent. For more information call Staff Sgt. Adena Eberhardt at 6-9538 or Master Sgt. Roberta Williams at 6-1019



Base Pride... Mission Pride

Combat Proud focuses on improving the appearance of U.S. Air Forces in Europe bases to foster pride and productivity. People can take part by keeping their office and building grounds clean and well maintained. For more information or to report an area that needs improvement, call the Combat Proud Hotline at 6-PROUD or e-mail combatproud@incirlik.af.mil

The 39th Air Base Wing Public Affairs staff prepares all editorial content in the *Tip of the Sword*. The 39th ABW Public Affairs Office (Unit 7090, Box 135, APO AE 09824-5153) is located in Building 833, Room 274. **Submissions:** The editor or other *Tip of the Sword* staff will edit or re-write material for clarity brevity or to conform with the Associated Press Style Guide, local policy and Air Force style as required by Air Force Instruction 35-101. Contributions for the *Tip of the Sword* can be made through e-mail to tip.sword@incirlik.af.mil. The editor can be reached at 676-6060. **Deadlines:** Submission deadlines are Wednesday, nine days, prior to publication date. If submissions are publishable, they run based on space available and priority. **Disclaimer:** The *Tip of the Sword* is printed by Kemal Matbaasi, a private firm in no way connected with the U.S. Air Force, under exclusive written agreement with the 39th Air Base Wing. This funded Air Force magazine is an authorized publication for members of the U.S. military overseas. Unless otherwise noted, photographs are Air Force photos. The *Tip of the Sword* uses information from the Armed Forces Information Service, Air Force News Service, U.S. Forces in Europe News Service and other sources. Contents of *Tip of the Sword* are not necessarily the official views of, or endorsed by, the U.S. government, Department of Defense or Department of the U.S. Air Force. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. **Contact Information:** To reach the 39th Air Base Wing Public Affairs staff, call 6-3217, fax 6-6492, e-mail tip.sword@incirlik.af.mil or stop by Building 833, Room 274.

'Crusty' sergeant masters learning curve

By Master Sgt John Tway
American Forces News

I earned a Community College of the Air Force Degree last fall. It only took 16 years. When I joined the Air Force in 1988, one of the main reasons I did so was for the education benefits. So why did it take me more than a decade and a half to get my CCAF degree? I could probably rationalize an answer and say, "I was too busy," or, "My TDY schedule was too heavy," or, "I just didn't have time."

The truth is, I am ashamed to say, I was probably just lazy and maybe just a little scared. But now that I have actually completed a CCAF degree program, I have discovered higher education is not all that difficult. My courses did not take that much time out of my schedule and actually, I found out learning is kinda fun. I earned college credit several ways and if you don't mind, I'll share some of my experiences with you.

I re-started my educational journey by asking myself what I already knew. I was fairly certain that as a career broadcaster I could probably complete my English credit requirement through the College Level Examination Program. I was admittedly a little nervous, but thought it couldn't hurt to try. So, I took a stroll to the base library and checked out one of the test preparation guides. I spent a couple of weeks studying the material and scheduled an exam through the education center.

Lo and behold, I passed the exam and suddenly had six semester hours under my belt. I was finally back on the path to earning my CCAF degree. But there was still more to do. I rechecked my degree requirements and decided to tackle humanities next.

I called the University of Maryland University College field office at Lajes Field and asked what was available. The pleasant young lady I spoke with told me UMUC was offering an Elementary Portuguese class, available as a lunchtime course that would meet my humanities requirement. What a great concept. I was stationed in the Azores, I could learn some Portuguese and earn credit while doing it. What a deal. So, I signed up.

Over the course of the next eight weeks I learned enough of the language to better communicate with my Portuguese co-workers and friends, and when it was over, I had three more semester hours in my CCAF account.



Photo by Airman 1st Class Bradley Lail
Master Sgt. John Tway, American Forces Network-Incirlik detachment chief.

Yes, I did go TDY during the course, but I spoke to my instructor and was able to complete some coursework while I was away without interfering with my temporary assignment. The experience kind of blew away my "heavy TDY schedule" excuse. But I still had just a bit of a fear factor when it came to my next challenge ... the dreaded math course.

I don't know about you, but math, especially algebra, has always intimidated me. I knew I would have to pass algebra or another higher mathematics course in order to get my degree so once again I picked up the phone. This time I tried a distance learning course through Embry Riddle Aeronautical University. For some reason, the idea of taking a class while at home in my bunny slippers just appealed to me.

The class was not a cakewalk, but it was not bad either. In fact, the fear factor subsided a little bit more as each week went by. When it was over, I wondered what I had been so worried about in the first place.

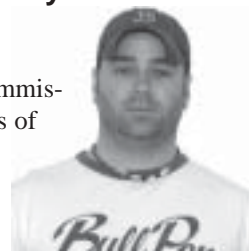
The point I am trying to make is that earning college credit really is not that tough a task. Taking courses did not take an inordinate amount of time out of my "busy" schedule. My "TDY schedule" did not hinder my progress and I even slayed the fear dragon. Don't follow my example of waiting until you are a crusty master sergeant to get your own degree. Pick up the phone, call the education center, and get started. You might even enjoy it.

YOUR TURN

March is national nutrition month. What are you doing to keep a healthy diet and lifestyle?

"I use the commissary and eat lots of fruits and vegetables."

— **Staff Sgt. Thomas Hatch**,
728th Air Mobility Squadron



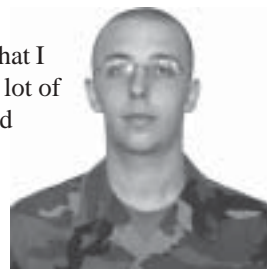
"I actually try to watch my weight so I just try to eat more fruits and vegetables and lay off the bread."

— **Phyllis Range**, Defense
Energy Supply quality assurance



"I watch what I eat and I eat a lot of vegetables and chicken."

— **Airman 1st Nakevin Cain**, 39th
Maintenance Squadron



"I'm shopping at the commissary more and on a program that tells you what you should eat."

— **Senior Airman Rebecca Garber**, 39th Communications Squadron



"I don't really."
— **Senior Airman Michael Starr**, 39th Logistics
Readiness Squadron



To submit a question for "Your Turn," call 6-6060 or e-mail tip.sword@incirlik.af.mil

Surveillance top priority for Eagle Eyes

By Special Agent Shawn Foust

Air Force Office of Special Investigations
Detachment 522

Editors Note: This is the first part in a series on recognizing terrorist activities.

The Air Force Office of Special Investigations sponsors the Eagle Eyes program, a program with characteristics typical of a neighborhood watch program. Air Force officials consider it a key piece in the service's antiterrorism strategy.

Activity that should be reported can be classified into seven broad categories: elicitation, tests of security, acquiring supplies, suspicious people out of place, dry runs, deploying assets and surveillance.

Special Agent Matt Bryant, AFOSI Detachment 522 threat analysis representative, defined surveillance as "close observation of a person, group or location."

Every terrorist operation is preceded by events that people need to recognize and report said SA Bryant.

Terrorist acts don't just happen – they are carefully planned and rehearsed many times in advance. Even the simplest plan is not executed on a whim, but is thought out and taken through a sequence, he said.

Two areas should be considered for potential surveillance. The first is physical surveillance, or recording and monitoring locations, activities and people. This can be accomplished very simply via low-tech means such as note taking, drawing diagrams, writing on maps, or using binoculars. High-tech monitoring consists of devices such as cameras (both still and video), vision enhancing devices (such as night vision goggles), surveillance aircraft and even satellites. The second area is surveillance of the cyber world, or recording and monitoring Web sites, cell phones, phone or fax lines, e-mails and IP addresses. This is easily done by observing someone at a public place, such as a library, Internet café, or at work. For example, in a recent news piece widely circulated in the United States, it was revealed that al-Qa'ida conducts extensive online intelligence gathering online to assess targets. And, of course, there are many high-tech methods employed by hackers and technology experts.

They are interested in watching all the time; however, activities are of more interest during times of political unrest, world conflicts or war.

"In 1991 two individuals entered an apartment building in Izmir and rode the elevator to the fifth floor with an Air Force lieutenant colo-

nel. They shot and severely wounded him while he was unlocking the door to his apartment," said Agent Bryant.

Percussion bombs have detonated regularly at or around Turkish government buildings and American franchises. Bombs were detonated at Bayrakli Park and Sirinyer Garrison in Izmir. Terrorist groups carried out these attacks to send a message to the United States during the Gulf War and were later found to have conducted surveillance of the individual and the places before carrying out the acts.

Terrorists conduct surveillance for information. They gather information on security, routines and habits, communications, capabilities, strengths, weaknesses and vulnerabilities when planning an attack.

Surveillance can happen anywhere. It's most likely to occur where people work and play (at the base or in the alley) and at facilities like the gates, base exchange and commissary as well as like where people tend to play or hang out. When people frequent a club or bar every week, they establish a pattern, perhaps not just for one person, but a pattern for Americans in general. Wherever people feel most comfortable, relaxed on the beach or touring without a care in the world, they are vulnerable to being surveilled.

The Eagle Eyes program is essentially about force protection. People should not become fearful to the point of obsession. It is okay to get out and enjoy time spent in Turkey, tour the sights, travel the area and enjoy the many positive aspects of Turkish culture and history.

People should be an effective member of the Air Force team and do the job they were trained to do. They should just remember to be attentive, educated on the warning signs of a criminal or terrorist attack, and use common sense. The key to effective force protection is vigilance followed by reporting, not paranoia.

We need all members of the Incirlik team to report their suspicions of being surveilled said Mr. Russ Burnett, AFOSI Detachment 522 special agent in charge.

"For people to be good reporters, they should obtain all the information they can remember; the who, what, when, where, how, and why when observing a suspicious act which can help the authorities a great deal," he said. "Your reports can directly contribute to actions that can stop a terrorist act and save countless lives when reported promptly."

Colonel Robert Suminsby, 39 Air Base Wing, Vice Commander said, "Detecting surveillance is our first line of defense against terrorism. If



U.S. AIR FORCE
EagleEyes
WATCH.REPORT.PROTECT.

You never know when or where a terrorist is going to strike but everyone can be a part of preventing an attack.

Some things to look out for are:

- ♦ Elicitation
- ♦ Tests of security
- ♦ Acquiring supplies
- ♦ Suspicious people out of place
- ♦ Dry runs
- ♦ Deploying assets
- ♦ Surveillance

There are also some things people can do to keep themselves and their families safe from an attack:

- ♦ Know your neighborhood, when something seems out of the ordinary report it.
- ♦ Don't become predictable, vary routes to and from work and other places.
- ♦ Know alternate routes to a destination. Don't become hemmed in by traffic. Keep car doors locked and be prepared for the unexpected.
- ♦ Be aware of your surroundings.

Report suspicious activity to the law enforcement desk at 6-3200.

we can detect surveillance operations, we can interrupt a plot early in the planning stages, and significantly reduce the risk of an actual attack. This is a classic example of where a team effort pays off ... our (antiterrorism and force protection) experts can't be everywhere, so we're counting on the eyes and ears of all of our Airmen and family members. If you see something suspicious, report it—don't try to convince yourself that "it's probably nothing"

To report an incident, call the law enforcement desk at 6-3200 or at the commercial phone number 0-322-316-3200, or contact AFOSI during duty hours at 6-6488 or at 0-322-316-6488. Security Forces will contact the on-call OSI agent after duty hours.

Changing global posture ‘enormous undertaking’

By Army Sgt. 1st Class Doug Sample
American Forces Press Service

WASHINGTON (AFPN) — Pentagon officials’ move to change their global footprint will be an “enormous undertaking” that will be “unprecedented,” the Defense Department’s director of strategy on global posture said here March 17.

Barry Pavel said this could well be the first time that any country has purposely designed a new arrangement of its overseas forces and capabilities on a global basis.

“So the impact will be felt across the defense establishment, and in some cases across our country and across other countries,” he said.

The repositioning of the U.S. military worldwide is part of DOD’s transformation into a lighter, more agile force, Mr. Pavel said. Pentagon officials want to station these forces in places where they will be rapidly deployable to potential worldwide hotspots.

By repositioning the overseas force, Mr. Pavel said, officials are looking “10 to 20 years ahead” to the challenges they may encounter while trying to design military capabilities to accommodate the new world they face.

That new world, he said, emerged after the Sept. 11 attacks and called for a U.S. military force different from the one built by Cold War-era thinking.

During the Cold War, the military inherited a global posture, where, in some cases, the United States had forces in a particular region or country that were “tied to operate in that country, or in that region, and in some cases for one particular mission,” he said.

Those forces were heavily concentrated in Europe and northeast Asia, and “those concentrations were tied to the contingencies we fully expected,” Mr. Pavel said. But in the post Sept. 11 world, “we can’t

afford one force for one country and the rest of our forces for the rest of the world,” he said.

U.S. forces have to be “flexible,” Mr. Pavel said, and able to act on a global basis.

“We don’t know where we are going to be attacked, (and) we don’t know where we will want to protect our interest,” he said.

Mr. Pavel said North Korea’s announcement that it has nuclear weapons reaffirms the direction DOD officials are taking.

“In this case, the announcement isn’t really a surprise, but it is a very important factor that I think our new global posture helps us to address better,” he said. “We are now in a new era where we don’t know where we will (need) to deploy our forces, so we can’t afford to tie into (or) overconcentrate our forces for particular scenarios. We need to broaden our coverage; we need to diversify our access so that we can go anywhere with any forces we need, to deal with whatever circumstances we face.”

Mr. Pavel said the new global posture will affect some military facilities overseas. Much like the Base Realignment and Closure process stateside, the repositioning of forces will mean that some overseas military bases and facilities will close.

The military likely will keep many of its large main operating bases, and may consolidate others. Forward-deployed locations and central service locations also are a military priority. He also suggested that military facilities with advanced training and logistical capabilities such as Ramstein Air Base, Germany, and the Army’s training complex in Grafenweir, Germany, also are high on the Pentagon’s list of facilities it will continue to need.

But the repositioning of forces could mean that about 70,000 servicemembers and more than 100,000 family members will be brought home from overseas locations, Mr. Pavel said.



Photo by Airman 1st Class Bradley Lail

Quality work

Ray Mergil, arts and crafts center director, cuts pieces of wood for the wood project of the month of March. This month's wood project is an Easter egg yard decoration. People who want to work on the Arts and Crafts Center's wood projects are required to take a safety class prior to working at the wood shop. For more information call 6-358.

Teets submits resignation

By Master Sgt. David Byron
Air Force Print News

WASHINGTON (AFPN) — Peter Teets, acting secretary of the Air Force, announced his resignation March 18, effective today.

"I'm honored to have served the president, the secretary of defense and with the dedicated Airmen of America's Air Force and the men and women of the National Reconnaissance Office over the past three years," Mr. Teets said.

"I'm confident we've strengthened the world's greatest Air Force to continue providing air and space dominance for the 21st century, as well as built a lasting national security space strategy to leverage space for America's national security advantage."

He has served as the acting secretary since Jan. 18.

"Mr. Teets has led the Air Force through a critical transition period, and it has been my honor to serve with him," said Air Force Chief of Staff Gen. John Jumper.

"During his tenure he has made every Airman his priority," General Jumper said. "His unrelenting resolve to adapt our air and space force, to counter new and resilient threats to our nation, has guaranteed America's Air Force remains the greatest in the world."

Mr. Teets submitted his letter of resignation voluntarily and leaves the Air Force to return to private life. He will also leave his other positions as undersecretary of the Air Force, Department of Defense executive agent for space and director of the NRO.

"Mr. Teets' visionary leadership with his dual responsibilities as the undersecretary of the Air Force and director of the National Reconnaissance Office has placed space capabilities in the hands of warriors for the first time," General Jumper said.

As undersecretary, Mr. Teets is heavily involved with the day-to-day decisions needed to run the Air Force. The position also holds a strong focus on space systems and policy.

In his role as the DOD executive agent for space, he develops, coordinates and integrates space systems plans and programs, as well as, all major defense space acquisition programs.

"I know we're on the right path to make our national security space capabilities more efficient and more effective. As a nation, we're striving to improve our space and intelligence capabilities, our development processes and professional rigor," Mr. Teets said.

"We've come a long way in three years," he said. "If you examine how we've been able to pool our talents, collaborate across our stove-



Photo by Staff Sgt. C. Todd Lopez

Peter Teets, acting secretary of the Air Force, announced his resignation Friday. It takes effect today.

pipe programs and create national-level policy initiatives and insights, it is pretty obvious to me that this is the result of national security space integration."

As the NRO director, Mr. Teets is responsible for all space-based reconnaissance and intelligence systems. In this role, he also manages the national reconnaissance program, reporting directly to the secretary of Defense and director of central intelligence.

"Space systems are unique assets. They provide global persistence, perspective and access unhindered by geographical or political boundaries," he said.

"Our space systems, whether integrated with airborne and surface sensors or acting alone over areas of high risk or denied access, provide critical surveillance and reconnaissance information to national decision makers and combatant commanders, he said. "These space capabilities enable the tremendous success that our joint warfighters achieved during combat operations in Afghanistan and Iraq and will continue to be a cornerstone for future success during conflict."

Before entering Air Force service as the undersecretary in 2001, Mr. Teets held several executive positions with Lockheed Martin Corp., including president and chief executive officer. Before joining Lockheed Martin in 1995, he was president of Martin Marietta Space Group. His career with Martin Marietta and the space industry dates back to 1963.

"Mr. Teets has built a lasting space strategy that truly enables the success of our joint warfighting team," General Jumper said. "The Air Force will remember him as an innovative leader and friend. He will always be an Airman."

IN THE NEWS

Black and white ball

The 16th Annual Black and White Ball is 6 p.m. April 9 at the consolidated club. Tickets are \$25 per person and attire is formal or semi formal. For more information call Darryl Ross at 6-6602 or Andre Thomas at 6-5286.

MDS long weekend

Only urgent and emergency care is available through the immediate care clinic today through Monday. Immediate care clinic hours are 8 a.m. to 8 p.m. during the long weekend. For more information, call Capt. Altan Shaffer at 6-8761.

Passport fee increase

The cost of an American tourist passport increased March 8. Cost for an adult first-time issue is \$97, renewal is \$67. Child passport renewal and first issue is \$82. For more information, call Master Sgt. Trae King at 6-6147.

Playgroup

The preschool playgroup will no longer meet at the youth center. Depending on weather conditions the playgroup will meet from 9:30 to 11 a.m. Tuesdays at Arkadas Park. For more information, call Family Advocacy at 6-6452.

AFSA

The Incirlik chapter of the Air Force Sergeants Association meets at 11:30 a.m. every third Thursday at the consolidated club complex. For more information e-mail Staff Sgt. Adena Eberhardt at adena.eberhardt@incirlik.af.mil.

Airlift Tanker Association

The Incirlik chapter of the Airlift Tanker Association welcomes Airmen of all ranks from all careerfields. Meetings are 11:30 a.m. every second Thursday at the consolidated club complex. For more information e-mail Staff Sgt. Adena Eberhardt at adena.eberhardt@incirlik.af.mil.

Dress and appearance

Until official notice is received black scarves are not allowed in uniform.

Who are you?

Identity theft not limited to pick pockets, childish pranks

By 1st Lt. S.J.B. Bryant

39th Air Base Wing Public Affairs

Identity theft no longer means some pickpocket going on a shopping spree at the nearest retail store with a stolen credit card or a teenager stealing a driver's license to get into a bar — it is now far worse.

A 2003 national survey of more than 4,000 identity theft victims notes the minimum \$10,000 stolen through identity theft is rarely used for the extravagant items but for every day purchases like establishing phone or wireless service in victim's names, bank accounts in which they can forge checks then write bad checks on that account or filing for bankruptcy under victim's names to avoid paying debts they have incurred under that name.

This is a multi-billion dollar business in the United States with more than 10 million people affected each year, according to the Federal Trade Commission. While military members pretend, since they are often in secured and gated communities, they are out of identity thieves reach, they are just as prone to theft as everyone else.

A person at Incirlik had her identity stolen in 2002 and is still paying for it. Senior Master Sgt. Trae King, 39th Mission Support Squadron's deputy chief of customer support, thought she was conducting a typical credit report for a loan when she discovered she was a victim.

"More than anything having my identity stolen was pretty scary,"

Ten things to do with \$10,000

You can buy a lot of "stuff" with \$10,000, which is the minimum amount identity thieves strive to claim off victims according to a Federal Trade Commission survey. For this amount of money, you can buy:

- One brand new, completely unloaded, Hyundai Accent, or
- Two tickets to the 2006 Superbowl XXL in seats so close to the action you can see player's sweat, or
- Three diamond rings from Tiffany and Co., or
- Four hundred DVDs and a top-of-the-line player to watch them, or
- Five years of household utilities (electricity, natural gas, etc.) as well as mobile phone and internet service, or
- Six custom-made Armani suits with shirt, belt, accouterments and socks, or
- Seven thousand cheeseburgers and a week at the spa to work off the calories, or
- Eight boxes of checks for a bank account set up under a stolen name with \$9,900 left to spend as you wish, or
- Nine dining room sets from a store in Incirlik village, or
- Ten to 20 years in prison if found guilty of violating the Identity Theft and Assumption Deterrence Act of 1998 after being investigated by agencies such as the U.S. Secret Service, the FBI and the U.S. Postal Inspection Service and prosecuted by the Department of Justice.

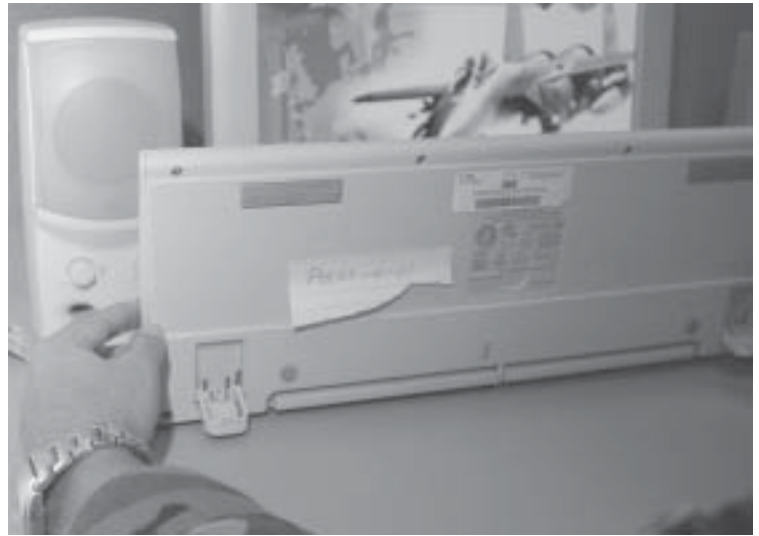


Photo by Senior Airman James Seymore III

Writing passwords down in an easily accessible place can allow others access to personal information. Always keep passwords, social security numbers and other sensitive information in a secure place and shred any information when longer needed.

she said. "It let me know how important it is to secure you social security number and ensure you have a credit report run every six months or so."

Correcting the data was no picnic, said Sergeant King. Not only did she have to provide each of the three consumer reporting agencies (**Equifax** — P.O. Box 740241, Atlanta, GA 30374-0241; (800) 685-1111; **Experian** (formerly TRW) — P.O. Box 949, Allen, TX 75013; (888) EXPERIAN (397-3742); and **Trans Union** — 760 West Sprout Road, P.O. Box 390, Springfield, PA 19064-0390; (800) 916-8800) proof that she was who she claimed to be, she had to prove it to numerous creditors as well.

"I also had to fly back to the states to file a police report so that the creditors would know I in fact did have my identity stolen," said Sergeant King. "The most important lesson I learned is that having your identity stolen can happen with a stranger as well as a family member. No one is immune."

Victims normally spend between \$500 and \$1,500 attempting to repair identity theft damage not including 30 to 60 hours of time, according to the FTC and the Synovate report. This plague is not limited to Americans within the United State's border. Americans abroad face greater risks from identity theft.

"Safeguarding your identity is critical especially since we live and operate in a designated high threat area," said Master Sgt. Tony A. Smith, 39 Air Base Wing, Antiterrorism Officer. "If your identity is stolen, thieves can use personal information such as your name, social security number, credit card number or other information, to commit fraud or other crimes. These criminals could attempt to access the installation, controlled areas and restricted areas to cause us great harm."

See **Theft**, Page 10

Deployed Airmen, Soldiers reach out to children

By Master Sgt. Terry Nelson

407th Air Expeditionary Group Public Affairs

TALLIL AIR BASE, Iraq (AFPN) — A convoy of Army and Air Force vehicles assembled recently at the 407th Expeditionary Security Forces Squadron's armory at Tallil Air Base, Iraq, but these trucks were not carrying materials for troops as usual. They were loaded with toys, shoes, clothes and other items donated to an outreach program.

The convoy moved across the desert to a small Bedouin camp, one of hundreds spread across Southern Iraq. As the trucks arrived, small shoeless children ran to greet them.

For more than 15 years, children such as these have lived on the barren land that surrounds the base. These Bedouin families are survivors, and they play an important role in base defense by providing security forces with information that could stop possible terrorist attacks.

Army and Air Force volunteers climbed aboard the truck and started handing down toys and candy to the children. A young girl was lifted onto the back of the truck and fitted for shoes.

"I believe helping the Bedouins ... is an awesome display of care from everyone that was involved," said Master Sgt. Lavon Coles, 407th Expeditionary Logistics Squadron first sergeant. "We were able to spread a moment of joy which will probably have a lasting affect on their lives and the perceptions of who we are and what we represent."

The operation is managed by 407th Expeditionary Security Forces Squadron Airmen and supported by everyone in the 407th Air Expeditionary Group. Airmen collect items from their friends,

neighbors and churches back home to donate to the Bedouins.

"I think that anything that we can do to help the community is beneficial, not only now but for the next generations," said Army 1st Lt. Damien Boffardi, of the 484th Movement Control Battalion. "This allows the children the opportunity to see that we are there for them. In essence, not only are we trying to create better living accommodations for them but also stop terrorism."

"Today we were able to provide more than just toys to children; it allowed two separate (military) branches the opportunity to work together as a team with one goal in mind: making a child smile."

Lieutenant Boffardi said the Soldiers rarely have a chance to participate in a humanitarian mission, and he was happy that they were able to take part by providing the Airmen with transportation and additional security.

"I was reminded that, ultimately, whatever branch you serve or what specific job you do day to day, your goal out here is to help the people of Iraq and maintain the peace as best (you) can," said 1st Lt. Paul Cancino, of the 407th ELRS. "Small acts like these might allow them to see U.S. and coalition forces in a positive light and strengthen ties with (them)."

Everyone who took part in this was greeted by children glad to see them and parents who appreciated the support, officials said.

The volunteers delivered gifts to more than 100 people. Each child was given at least one pair of shoes and a toy. There were many stuffed animals and soccer balls handed out along with clothes, personal hygiene supplies and candy.

In all, the volunteers handed out nearly three crates of toys, candy, shoes and clothing. There are still 13 more in the warehouse waiting to be delivered.

Good vibrations: music helps wounded, sick heal faster, better

By Master Sgt. Kimberly Spencer

59th Medical Wing Public Affairs

LACKLAND AIR FORCE BASE, Texas (AFPN) — Have you ever found yourself tapping your foot or bobbing your head when listening to upbeat music? It is nearly impossible for most of us to sit perfectly still when we hear a beat we like.

Similarly, a softer, slower rhythm can be calming and relaxing.

These involuntary motor responses to external rhythms are what researchers said led them to examine the idea of using music as a healing influence.

Recently begun at Wilford Hall Medical Center, Lackland Air Force Base, Texas, music therapy as a discipline started after World War I when community musicians of all types went to veterans' hospitals around the country to play for the thousands of veterans suffering both physical and emotional trauma from the war.

The patients' positive physical and emotional responses to music led the doctors

and nurses to ask for musicians in the hospitals; however, the musicians needed some training to make the process work properly, creating a demand for a college curriculum. The first music therapy degree program was begun at Michigan State University in 1944.

The American Music Therapy Association, founded in 1998, represents more than 5,000 music therapists. Association officials set the education and clinical training standards for music therapists.

Patients are often in a state of stress, officials said. Concern and worry because of their illness are compounded with unfamiliar noises, disruptive sleep patterns and loneliness.

Music therapy is used to alleviate pain in addition to anesthesia or pain medication, elevate patients' moods and counteract depression, promote movement for physical rehabilitation, calm or sedate, and counteract apprehension or fear.

"Therapeutic music is proven to increase the body's production of endorphins, which promote a sense of both emotional and

physical well-being," said Staff Sgt. Hannah Pralle, a student in the medical center's cardiopulmonary course who is pursuing certification in music therapy. "It can actually reach the patient on a cellular level, with vibrations effecting resonance and frequencies in the human body. The music promotes relaxation, which allows the doctor's treatment to be more effective, speeding up the healing process."

Sergeant Pralle is an Arizona Air National Guardsman. She has a bachelor's degree in classical guitar performance from Northern Arizona University and has worked in the clinical music therapy setting for more than three years.

"Initially, as a music student in Arizona, I was looking for a place to play and came across a flier on music therapy," she said. "As I looked into it, something just clicked, and I knew it was the right fit for me."

Sergeant Pralle received her training in Flagstaff, Ariz. and began her internship.

See **Music**, Page 10



Ask MEHMET

By Mehmet Birbiri, *Host Nation Adviser*

Village life

Question: I have been at Incirlik for just over a year and I have seen the life in Adana, one of the largest cities in Turkey. I know that in America life outside the cities is very different than life in them. Is the same thing true in Turkey?

Response: It is nearly impossible to compare village life with city life. It is just as hard to compare life in a small city with life in a big city.

There are about 45 thousand villages throughout Turkey and almost all of them deal with farming or raising animals. Depending on the location and the region of the villages, in the mountains or on the plains, life in them varies. What they all have in common is the pace is slow in winter.

Eighty five percent of the villages have electric power and with the help of the contemporary technology the level of the living standards has been raised a lot in the last decades. By using satellite dishes, villagers can watch many television channels. Television brings the world to the villagers' living rooms.

Another corner stone is using cellular phones. That invention solved the problem of communication. Nearly every one in most villages, from the shepherd to the farm truck driver, owns a cellular phone now.

In winter, when there is nothing to do in fields, men usually meet at the village's tea house to kill time. Women usually stay home and do house work; cooking, knitting and raising children. Classes for adult education are often offered during winter months. Children go to the elementary school in the village. Nights are cold and long. They go to bed very early or watch television.

Life begins to get busy again in spring. Fields need to be plowed and seeded. Depending on the crops, the type of farming and business varies. Every single member of the family helps during that time. Summer is busy as well and harvesting in fall is the best season for the villagers. It is the time when they pay their bills and debts. It is also the wedding season.



Photo by Airman 1st Class Bradley Lail

Women in Turkish villages work in the home raising children, knitting and baking bread like this woman from Kuyumcular. During the winter there is not much for people in small Turkish towns to do, but when the spring comes everything shifts into high gear.

Environmental concerns

Question: I recently read that Turkey has not had a very good reputation with environmentalists as they noted the country had high pollution from chemical dumping, air pollution in urban areas, and oil spills from ship traffic. But all the sites I visit are so beautiful with vast flora and fauna. How environmentally friendly is Turkey, and what can I do to help while I am stationed here?

Response: There is great variety and richness found in the flora and fauna in Turkey. Some species of plants and animals are found only in Turkey.

The Turkish reputation with environmentalists is poor, but that has started to change. The Turkish public is becoming more sensitive about environment. In addition to environmentalist organizations, the government also takes some measures to protect the environment.

The International Green Peace organization started the environmentalist activities in Turkey, then, local organizations became more active about protecting the flora and fauna in Turkey.

The Foundation to prevent erosion works very hard against erosion. It got huge support from the public and they plant millions of trees and plants every year. Many cities, including Adana, provides trees free of charge to the citizens and promote planting trees.

"The Ministry of Forests" has changed to "The ministry of Forest and Environment" and it passes laws to protect the environment. For example, the restrictions on hunting are strongly enforced so violators face

heavy fines and chemical dumping is strictly controlled.

Some subjects have been added to elementary school books for the protection of flora and fauna and to promote environmental awareness.

According to a law passed last year, every city and town, large or small, should have a waste and sewage treatment system within two years. Any mayor who does not complete the treatment system will be fined.

In order to prevent air pollution, many cities import high quality coal for heating and take necessary measures to control it.

Turks are known to be heavy smokers; however, smoking in enclosed public areas like airports, hospitals and state offices is forbidden. Last week the fine was reduced to 20 YTL until now the fine was not enforced.

Motor vehicles are regularly checked through an emission control program and, the fine charged for driving without or expired emission control paperwork is more than any other traffic fine.

Ships sailing on Turkish waters, especially through the straits in Istanbul and Dardanelles, are controlled against oil spills and waste dumping. A Spanish ship sank in Iskenderun Bay last September. It is claimed that it had chemical waste harmful to the environment and sea life. So many protests and demonstrations were held by different organizations that funds were allocated to remove the ship and its load.

Do you have a question about something Turkish? Ask Mehmet. To submit a question, call 6-6060 or e-mail mehmet.birbiri@incirlik.af.mil.



Photo by Senior Airman James Seymore III

Working for renewal

Salih Altunoy, a contractor working at the construction site by the Oasis movie theater, removes nails from a board used at the site.

Music

Continued from Page 8

She moved to Lackland AFB in December to attend the 15-month course.

After settling into a routine as a student, she inquired about a music therapy program, hoping to volunteer her services.

She worked with Maryland Jones, the 59th Medical Wing's volunteer services office director.

"Ms. Jones ... was already interested in the area of therapeutic music, having purchased CD and cassette players so music could be played for patients in the intensive care units.

She was very much aware of the benefits of a therapeutic music program and worked directly with the hospital staff to set up the program," Sergeant Pralle said.

"Sergeant Pralle's dedication and enthusiasm were contagious," Ms. Jones said. "We could see the music is (helping) the patients and that the program would add to the quality of care here."

Music therapists assess emotional well-being, physical health, social functioning, communication abilities and cognitive skills through musical responses, officials said. They design music sessions for individuals and groups based on client needs.

"What I do is not a performance," Sergeant Pralle said. "I'm like musical wallpaper. I try to blend into the setting, being as unobtrusive as possible. I play music at 60 beats per minute, the most therapeutic range."

Just like trying to keep still when around fun, up-tempo music, breathing and heart rates will slow when exposed to external, periodic rhythms, she said. This triggers a relaxation response, benefiting the circulatory, nervous and digestive systems.

"I actually like it when my audience falls asleep," Sergeant Pralle said. "Sleeping helps promote healing on a physical, spiritual and emotional level."

For more information on music therapy, visit the American Music Therapy Association's Web site.

Theft

Continued from Page 7

Sergeant Smith said most people do not realize how easy it is to obtain personal data without having to break into homes or offices since criminals can look over shoulders, watch from a nearby or listen to phone conversations. Some even "dumpster dive" by going through trash cans to get old checks, bank and credit card information, names, addresses, social security and telephone numbers — all of which are vital information that makes it easy to assume control over accounts and identities.

"Having your social security number taken off checks is a great start when it comes to protecting yourself against identity theft," said Sergeant King. "Be more diligent in handling your credit cards and checks, utilize the credit agencies to check your credit report/rating, safeguard your personal infor-

mation and beware of those close to you — including family and friends."

The majority of IT on base occurs through the U.S. Mail, according to Sergeant Smith. For this reason the U.S. Postal Inspection Service has become a lead agency in investigating this type of crime. Official Document Center personnel keep a sharp eye out for IT indicators and perform IT deterrent measures such as identifying all personnel they assist. They never give address information to anyone without proper authorization and never hand mail over the counter to customers. Postal employees are not allowed to pull their mail from the rear of the boxes. Conduct periodic checks of the facility, and ensure mail thrown in the trash receptacles inside the rear of the post office is safe and tear labels off bulk rate mail. All these precautions do not exempt customers from performing security precautions like se-

How to lessen chances of identity theft:

- ♦ Safeguard all personal information
- ♦ Shred all items prior to throwing them away
- ♦ Be aware of your surroundings
- ♦ Never give information to people you don't know
- ♦ Check your financial information regularly (credit reports, bank statements, etc.)
- ♦ If identity theft is suspected, report it immediately to the three consumer reporting agencies, law enforcement, creditors and the FTC at www.consumer.gov/idtheft/

curing mail boxes (make sure the dial is not left on the final combination number) and shredding mail.

THE INCIRLIK GUIDE

AFN cable radio

Incirlik Air Base has nine radio services available from American Forces Network through the television cable system. To connect a radio a coaxial cable splitter, a length of coaxial cable and possibly an adaptor, depending on the type of radio, are needed.

Hook the splitter to the television cable connection in the wall. Next run one cable to the television as normal and the other to the radio receiver. The adaptor may be necessary to connect the cable to the radio receiver. Once connected select any of the nine music services by the FM frequency listing.

The nine channels are: 99.1 National Public Radio, 100.1 AFN News Radio, 101.1 Pure Gold oldies, 102.1 country, 103.1 Bright AC (top 40), 104.1 The Touch (urban and rhythm and blues), 105.1 Z-FM (from Germany), 106.1 Hot AC (top 40) and 107.1 AFN-Incirlik. For more information call AFN-Incirlik at 6-6491.

Youth Baseball

The Incirlik youth center baseball and softball leagues have opening ceremonies at 9 a.m. April 2 at Arkadas Park. All players and coaches need to meet at 8:30 a.m. in uniforms at the youth center. For more information, call 6-6670.

Men's Volleyball

The Incirlik men's volleyball team practices from 8 to 10 a.m., Sundays at the base gym. For more information, call Chaplain (Maj.) Kenneth Reyes at 6-6441.

Egg hunt

There is an egg hunt from 10 a.m. to noon Saturday at Arkadas Park for children 1 to 10 years old. For more information call Nerissa Atkisson at 6-1032.

Outdoor recreation

Incirlik outdoor recreation offers bicycle maintenance and repair. A basic bike tune up is \$14. For more information call outdoor recreation at 6-6044.

WARRIOR OF THE WEEK



Senior Airman Jesse Gardner
39th Operations Squadron
Intelligence specialist

Time in service: three and a half years

Hometown: Marysville, Wash.

Time on station: 10 months

Hobbies: I bounce around from one thing to another, but right now it is poker.

Why did you join the Air Force?

For college money, but mainly to move out on my own and see the world.

What do you like the most about Incirlik?

The food off-base.

How do you contribute to the 39th Air Base Wing's mission?

I provide intelligence to the 39th ABW staff and transient aircrews in support of Operation Iraqi Freedom and Operation Enduring Freedom missions. I also teach operational security for the Combat INTRO program.

What is your favorite motto?

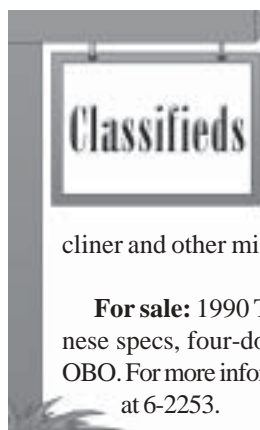
"Truth is rarely pure and never simple." I think there is nothing wrong with being a skeptic

What Air Force core value best describes you?

Integrity first. You would be surprised how much trouble you can avoid just by doing what you are supposed to be doing.

Supervisor's quote:

"Senior Airman Gardner is an excellent intelligence Airman," said 1st Lt. Kathryn Roberson, 39th Operations Squadron chief of current intelligence. "He is a key intelligence briefer for the 39th ABW – efficiently providing thorough information to support a diversity of intel requirements. His positive attitude and great flexibility make him an outstanding airman."



Yard sale: A yard sale is 7 a.m. to noon April 2 at 2855B Istanbul Drive.

Items for sale include: a table, chairs, a leather recliner and other miscellaneous items.

For sale: 1990 Toyota Corolla, Japanese specs, four-door automatic. \$1,400 OBO. For more information call Joe Conley at 6-2253.

For sale: Three piece light wood entertainment center. Holds 39 inch television. Each side has glass doors with lights on the inside. Plenty of storage below in each piece. It is the perfect size for a family. Asking \$600 OBO. Call Andrea or Branden Stogner at 6-5400.

For sale: 1994 Honda Accord EX, fully loaded, 139,000 miles, CD player and new tires. Asking \$3,300 OBO. Seven piece king size bedroom set from Aydin's \$1,700 OBO. Antique kitchen table with four chairs \$150 OBO. For more information, call 6-5483 or 6-3494.

For sale: 1992 Toyota Vista, four door, air conditioner, white, clean \$1,950 OBO. For more information, call 6-2307.

Positions available: Vinnel, Brown and Root lists open positions at www.vbr-turkey.com. For more information call 6-9129.

Services: Monica Hamm makes cakes for birthdays and other special occasions. For more information call 6-2339.

Volunteers needed: The chapel needs volunteers to assist with light office duties including answering phones, preparing bulletins and aiding chaplains. No experience required, training provided for each task. For more information call Jen Smith at 6-6441.

Artists needed: The 39th Air Base Wing is looking for artists to design an original art lithograph for Incirlik's upcoming 50th Anniversary. For more information, call the 39th ABW Historian at 6-9667 or e-mail 39abw.ho@incirlik.af.mil.

Positions available: People who are separating from the Air Force can join the Massachusetts Air National Guard.

People who have completed their Air Force enlistment and do not have a military service obligation may qualify for a \$15,000 bonus. For more information, call DSN 698-1567, commercial 1-800-247-1567 or e-mail recruiting@mabarn.ang.af.mil.

COMBAT, SPECIAL INTEREST PROGRAM

Combat education

Embry-Riddle Aeronautical University offers PHYS 201: Meteorology I. Registration must be completed by Tuesday. The course counts as an elective for all degree programs. Registration for MGMT 425 and MGMT 427. For more information, call ERAU at 6-4098.

Term IV registration for **University of Maryland University College** is underway. Classes are being offered in a variety of subjects to include Life in the Oceans, Human Resource Management, Elementary Turkish, Principles of Economics Introductory Algebra and Software/Hardware concepts to name a few. For more information, call the UMUC representative at 6-6367.

For information on Central Texas College call 6-8399.

Crossroads Café

The Crossroads Café is closed this weekend. For more information, call Senior Airman Tianna Milagro at 6-6441.

Combat Touch happenings

Officers' Christian Fellowship meets Thursdays at 7 p.m. in the Low Places Lounge at the club. All officers and their spouses are invited to this fellowship. For more information, call 2nd Lt. James Bridghamat at 6-1168.

A **Chapel-sponsored pilgrimage** to the seven churches is planned. For more information, call 6-6441.

Catholic Easter services: **Today:** 5:30 p.m. – Good Friday Service; **Saturday:** 7 p.m. – Easter Vigil instead of an Easter Sunday Mass. All services are held in the chapel sanctuary. For more information, call Patty Heidlage at 6-3890.

Protestant Easter services: **Saturday:** 11 a.m. Sedar Meal at the Crossroads Café, 12:30 p.m. Parish Play Day at Arkadas Park; **Sunday:** 8 a.m. – Liturgical Worship Service; 9:15 a.m. – Breakfast Fellowship at the chapel annex; 10 a.m. – Resurrection Egg Hunt at the ball park across from the chapel; 11:15 a.m. – Gospel Worship Service; 5 p.m. – Follower's Feast at the chapel annex; 6 p.m. – Contemporary Worship Service



Photo by Airman 1st Class Bradley Lail

Saving strays

Hamit Korkmaz, contractor with Vinnell, Brown and Root, sets a Have-a-Heart trap to catch the cats around Building 833. The captured cats are taken to the stray animal facility by the Incirlik stables. The animals stay in the facility for three days and then are taken to a shelter in Adana. The stray animal facility is open from 8 a.m. to 5 p.m. every day. For more information call Pets Are Worth Saving representative Adena Eberhardt at 6-9538.



AT THE OASIS

Today

7 p.m. – Are We There Yet? (PG) – Starring Ice Cube and Nia Long. Nick, a smooth operator, is trying to land a date with Suzanne. Problem is Suzanne is miserable because she misses her kids. Seizing the opportunity, Nick gallantly offers to make her wish come true - and his own in the process. (82 min)

9 p.m. – Hide and Seek (R) – Starring Robert DeNiro and Dakota Fanning. As a widower tries to piece together his life in the wake of his wife's suicide, he discovers that his young daughter is coping with the death in a strange and scary manner. (111 min)

Saturday

5 p.m. – Are We There Yet? (PG) – Starring Ice Cube and Nia Long. (82 min)

7 p.m. – Hide and Seek (R) – Starring Robert DeNiro and Dakota Fanning. (111 min)

Sunday

7 p.m. Meet the Fockers (PG-13) Starring Robert De Niro and Ben Stiller. Now that Greg Focker is "in" with his soon-to-be in-laws, the Byrnes, it looks like smooth sail-

ing. But the hyper-relaxed Fockers and the tightly-wound Byrnes are mismatched from the start. (98 minutes)

Thursday

7 p.m. – White Noise (PG-13) – Starring Michael Keaton and Chandra West. Jonathan Rivers, distraught after the mysterious death of his wife, is contacted by a man who claims to be receiving messages from her through something he calls electronic voice phenomena, or the "white noise" most of us hear when we flip through the radio dial. Jonathan is at first skeptical, but then becomes convinced EVP is real and tries to contact her himself. (98 min)

AT THE M1

Robots (PG) — 11 a.m., 1 p.m., 3 p.m., 5 p.m., 7 p.m., and 9 p.m. (88 minutes)

The Ring 2 (R) — 11:45 a.m., 2:15 p.m., 4:45 p.m., 7:15 p.m., 9:30 p.m. and 11:30 p.m. (110 minutes)

Hitch (PG-13) — 2:15 p.m., 4:30 p.m., 7 p.m., 9:30 p.m. and 11:45 p.m. (110 minutes)

Movie listings are subject to changes. On-base listings are courtesy of the Army and Air Force Exchange Service Web site at <http://www.aafes.com/ems/euro/incirlik.htm>; M-1 listings are courtesy of the Tempe Cinemaxx Web site at www.tepecinemaxx.com.tr. For more Oasis information and updates, call the movie recording at 6-6986 or the theater office at 6-9140.